

**Spokane Regional Crisis Collaborative Meeting  
March 20, 2020**

**11:25-11:35 Trueblood Settlement Agreement Forensic Housing and Recovery Through Peer Services (HARPS) – Jan Tokumoto, Frontier Behavioral Health (FBH) & David Nielsen (NEWACS)**

**Forensic HARPS: (See Attachment One)**

- a. \$750k until 6/30/20 to house people who meet criteria
- b. \$1200 per month for 6 months for a total for \$7200 per year
- c. Team: 1 BA housing specialist, 2 Peers

**Stabilization HARPS**

1. Currently admitted to FBH's Stabilization Unit and meet the criteria above.
2. 14-day voucher for hotel/motel

**11:35-11:45 Trueblood Settlement Agreement Forensic PATH – Jan Tokumoto, FBH**

1. HCA will provide the team with a list of people who have been TBCMs or who are high utilizers and could become TBCM because of their high rate of incarceration/ED usage and they have a mental illness or SUD.
2. Forensic Team: 1 supervisor, 1 MA, 1 BA, 1 CDP, 1 Peer
3. FBH will cover the region.
4. FBH will create a “leave behind” (**See Attachment Two**) about the program and go to law enforcement, DOC, EDs, inpatient psychiatric units, shelters, FQHC clinics, MH and SUD providers, meal sites, etc. to talk about the program so if any of these agencies think they are serving someone the team may be interested in, they can call the team.
5. Team will triage all referrals and either access Trueblood resources or develop a plan for diversion/stabilization if the individual is not HCA's list.

**11:45-11:55 Spokane City and County Co-Responder Teams – Jan Tokumoto, FBH**

Trueblood Contempt Fines

1. Phase 3: 4 co-deployed teams with SPD. Initial grant period was 7/1/2018-12/31/2019
  - a. Phase 3 grant continued for 18 months: 1/1/2020-6/40/21: 4 co-deployed teams with SPD
  - b. Take all calls for service
  - c. All teams are trained in Motivational Interviewing
  - d. All candidate must pass a background check and polygraph
2. WASPC: 1 co-deployed team with SCSO for 9 months; used unspent TB funds to cover the remainder of 2019 for the SCSO co-deployed team.
3. WASPC Grant

- a. 4 co-deployed teams: 2 SPD; 2 SCSO
- b. Boundaryless
- c. Specialized unit that only takes MH and SUD calls
- d. All teams are trained in Motivational Interviewing
- e. All candidate must pass a background check and polygraph

**11:55-12:00 Trueblood Settlement Agreement Outpatient Competency  
Restoration Services - *Jan Tokumoto, FBH***

- 1. Team: 25% prescriber; 1 licensed MA Master Instructor; 1 MA Subject Matter Expert; 1 Peer
- 2. Referred by court: misdemeanor or non-violent felon; Forensic Navigator attached to the person
- 3. Person will be on a court order with conditions
- 4. Competency restoration based on the individual's barriers to competency
- 5. Breaking Barriers CORE workbook will be used for individualized competency restoration plans

## Forensic & Stabilization HARPS Informational Handout (Attachment One)

### Forensic HARPS

- Permanent Supportive Housing
- Longer-term services
- Working on more than housing needs
- Anyone can refer
- Education provided to landlords
- \$1,200 subsidy per month for 6 months

### Stabilization HARPS

- Bridge subsidy
- Short-term voucher for hotel or motel
- Only Stabilization discharge planner can refer
- Daily contact while in hotel/motel
- Referred to Forensic HARPS for longer-term

### Services Provided

#### Forensic HARPS

- All housing types will be considered. Client choice is the driving factor in deciding which housing option is best
- Employment, educational, and socialization will be assessed and addressed
- Coordination and collaboration with the landlord and involved community partners to ensure client is doing well and needs are met
- Transition to other services if client prefers (e.g., Foundational Community Support, mental health counseling, etc.)
- Use of the subsidy to obtain and maintain (on a short-term) housing

#### Stabilization HARPS

- Voucher for 14-days in a hotel/motel
- An extension of the voucher can be requested to the HARPS Supervisor for another 14 days if client is actively engaged and working on housing goals
- Coordination between Forensic HARPS team and Outpatient Mental Health Provider to ensure no duplication of services and smooth transition to more permanent supportive housing
- Daily contact in the form of phone, face-to-face, and physical checks of the hotel/motel
- Placement Agreement reviewed and agreed upon prior to setting up the hotel or motel

### Eligibility criteria

#### Forensic HARPS

1. Ordered into an outpatient competency restoration program; or
2. On the high utilizer list/intensive case management services; or
3. Referred by a Forensic Navigator; or

#### Stabilization HARPS

- Individuals exiting Crisis Triage/Stabilization facilities who meet the following eligible criteria:
  - Have had at least one prior contact with the forensic mental health system in the past 24 months, or were brought to a Crisis Triage or Stabilization facility via arrest diversion;
    - Examples of this could be:
      - ✓ Contact with the co-deploy team (law enforcement paired with mental health)
      - ✓ Been at Eastern State Hospital for competency restoration or evaluation
      - ✓ Cited and released by law enforcement with instruction to appear in court to determine competency evaluation

- ✓ Having symptoms of a mental health or substance use disorder and have been arrested frequently (high utilizer)
- ✓ History of being a Trueblood Class Member
- Need assistance accessing independent living options and would benefit from short-term housing assistance beyond the 14-day vouchers;
- Are diagnosed with an acute behavioral health disorder and are assessed to need housing support beyond what is offered through the Crisis Triage and Stabilization facilities or the short-term voucher;
- Are unstably housed;
- Are not currently in the community outpatient competency restoration program; and
- Do not meet Involuntary Treatment Act commitment criteria.

### **Attachment Two: FACC “leave behind”**



Forensic Access to  
Care Coordination\_PR.pdf