

Bone-appetite Biscuits

Ingredients:

1 cup all-purpose flour
 1/4 cup wheat germ
 1/4 cup brewer's yeast
 1 teaspoon salt
 1 1/2 Tablespoons canola oil
 1/2 cup low-sodium canned chicken stock, plus more for brushing

1. Directions

- Preheat oven to 400 degrees. In a medium bowl, whisk together flour, wheat germ, yeast, and salt; set aside. Place oil in a large bowl. Add stock and flour mixture in three alternating batches, beginning and ending with stock. Mix well.
- On a lightly floured work surface, roll out dough to about 3/8-inch thick. Shape biscuits using a dog-bone-shaped cookie cutter or by cutting around a store-bought dog bone with a butter knife. (Make biscuits that are appropriate for your dog's size.)
- Transfer to parchment-lined baking sheets. Repeat with remaining dough.
- Bake biscuits 10 minutes. Brush with stock; rotate baking sheets, and bake 10 minutes more. Turn off oven, leaving door closed. Let dog biscuits stand in oven to dry completely, about 1 1/2 hours.

Chicken Jerky Strips

Ingredients:

1 1/2 pounds boneless, skinless chicken breast tenders, sliced into strips about 1/4 to 1/8 inch thick
 1/2 cup vegetable oil
 1 Tablespoon salt

Directions:

- Rinse off chicken breast and remove any fat. Slice the chicken with the grain. Next, coat the chicken slices with your dog-friendly seasonings.
- Place the chicken breast strips in an even layer across the entire the tray, leaving an equal amount of space between pieces and making sure that they do not touch each other. This is so air can flow between them while they are drying out, which helps dehydrate them.
- Once the strips are all set out, place the trays in the food dehydrator, turn it on, and set the temperature for 140 degrees. It will probably take between 3 and 12 hours for the chicken to fully dry, depending on how thick you cut your slices and the exact temperature of your food dehydrator. Check the strips once every hour after the first hour. To do that, simply open up the tray and take one slice out; cut it open with a sharp knife and examine the inside. You should see no moisture at all, and if it is properly dried, the chicken

- will have the same color throughout. If it is not finished, put it back in for another hour. Once it gets close, start checking once every half hour.
- (In an oven, bake the chicken strips at 200 degrees for approximately 2 hours.)
- Once your chicken jerky is done, store it in sealed containers; zip-locking bags work great for this.



Mini-Morsels for Cats

Ingredients:

3 jars baby food meat (or veggies)
 One and 1/2 cup wheat germ (or cream of wheat)
 small amount of tuna juice

Directions:

- Mix well.
- Drop by 1/4 spoonfuls onto wax paper covered plate and cover with wax paper.
- Cook in microwave on high for 5-8 minutes until formed and firm.
- Store in fridge.

Editor's Note: Read the label of the baby food jars to be sure they don't contain Onion Powder

Peanut Butter Dog Biscuits

A perfect protein-packed snack your dog absolutely will not refuse!

Ingredients:

1 1/2 cups water
 1/2 cup oil
 3 Tablespoons natural peanut butter
 2 teaspoons vanilla
 2 cups whole wheat flour
 1/2 cup cornmeal
 1/2 cup quick oats
 1/4 cup Honey Crunch Wheat Germ

Directions:

- In a large bowl, combine flour, cornmeal, oats, and wheat germ. Stir in oil, peanut butter, vanilla, and water.
- Knead till smooth, adding more flour or water as needed. Roll out the dough to about 1/4 inch thick.
- Shape into bars or cut with bone-shaped cookie cutter or any cutter shape your pet will enjoy.
- Dehydrate at the highest setting—145 to 155 degrees—until done, about 6 to 8 hours.
- These treats should be very dry, so add time as necessary.